

# Home Health Aide

## LEARNING OBJECTIVES



Home health aides are like superheroes. They're kind, generous, and always willing to go the extra mile for people in need. But it takes more than a few awesome personality traits to be successful in the role. You also need knowledge. And training. You'll learn about the medical and social needs of home healthcare clients, as well as the nutrition, personal care, cleaning, and infection control tasks required of home health aides. You'll also build a solid foundation if you're preparing to take state licensing or certification exams.

### Program Orientation: Home Health Aide

- Review program timeline, expectations, and requirements.

### HealthCare Foundational Knowledge and Basic Science

- Translate medical terminology using abbreviations, word building, and important terms.
- Gain standard knowledge of the healthcare industry and how it works.

### Anatomy and Physiology

- Identify the structures, locations, and functions of major body systems and the organs that comprise them.
- Explain how the organs of the major body systems interact and maintain homeostasis.
- Compare various risk factors leading to high mortality and morbidity.
- Describe the components of cell structure and their functions.
- Summarize how infectious agents affect cellular growth and function.
- Define basic anatomical terms.

### Infection Control

- Review the causes and diagnostic methods of various infectious and communicable diseases.
- Explore the protective measures required to prevent infection.
- Outline the treatments and protective measures required to manage and control the spread of infectious disease.
- Identify procedures and protocols for responding to infection control.

### General Patient Care

- Summarize the pharmacology basics needed by a medical assistant
- Outline the tasks required to prepare the examination room and the patient for examination.

- Summarize the medical assistant's responsibilities in assisting the provider with examinations.
- Identify the steps for responding to patient emergency situations in a general patient care facility.
- Describe the tasks required to properly maintain medical records and documentation.

### Home Health Aide

- Review common safety hazards inside and outside of patient's home
- Outline the key details required for household management and the importance of time management, focusing on planning and organization to maintain a structured environment and help the home health aide perform job duties efficiently
- Discuss what key observations must be reported to medical personnel and recognizing a patient in pain, techniques to comfort patients, and the importance of rest and sleep for the patient
- Review how to perform, assist and support clients with activities of daily living
- Explore caring for special patients including information related to caring for a terminally ill patients, in addition looking for the warning signs of Alzheimer's Disease and how to care for the patients with this disease focusing on the behavioral considerations required for caring for this patient population

### Communication and Customer Service in the Healthcare Office

- Identify the various types and styles of communication used in a healthcare office.
- Review how verbal, non-verbal, and written communication skills contribute to patient experience and outcome in a health care office.
- Identify professional communication techniques for a healthcare office, including interviewing techniques and use of medical terminology and patient-accessible language.

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### Medical Laws and Ethics

- Describe common legal issues related to prescriptions and medication administration.
- Identify key legal and regulatory aspects of the healthcare environment.
- Analyze key ethical and legal aspects of the medical profession.
- Summarize common legal issues related to medical documentation.

### Career Success in Healthcare

- Define "professionalism" and "success" in your own terms
- Differentiate between long-, medium-, and short-range goals
- Assess and develop your time management skills
- Develop plans to enhance your creative and critical thinking

### Program Completion

- Prepare to take the next steps after program completion.

**Total Hours: 272**